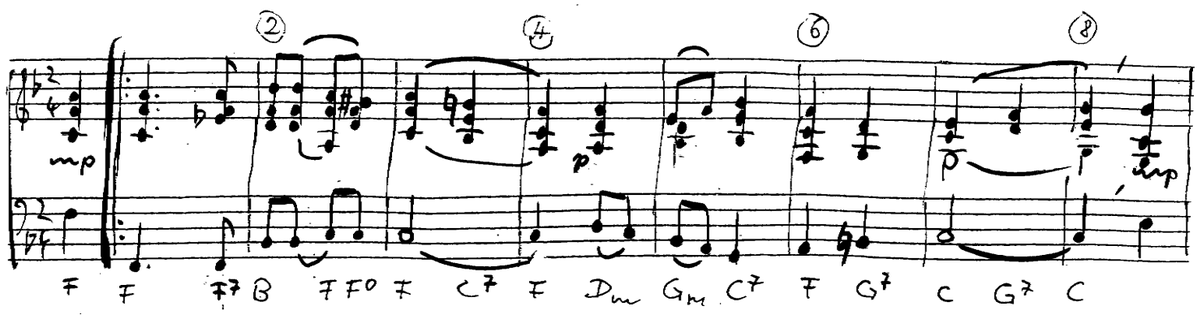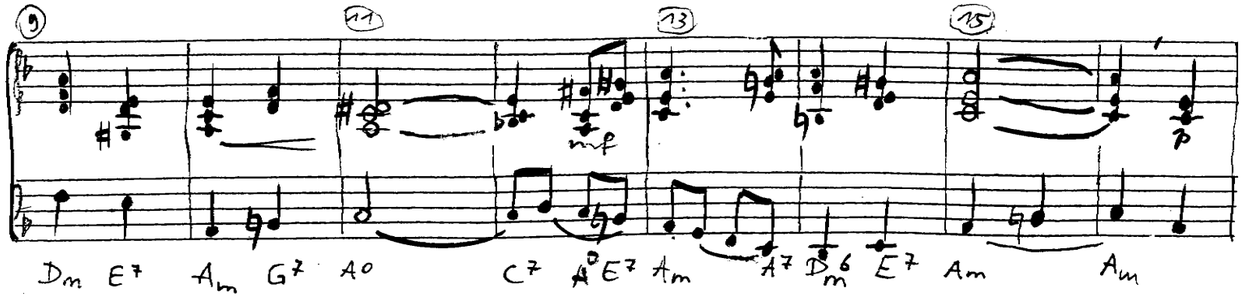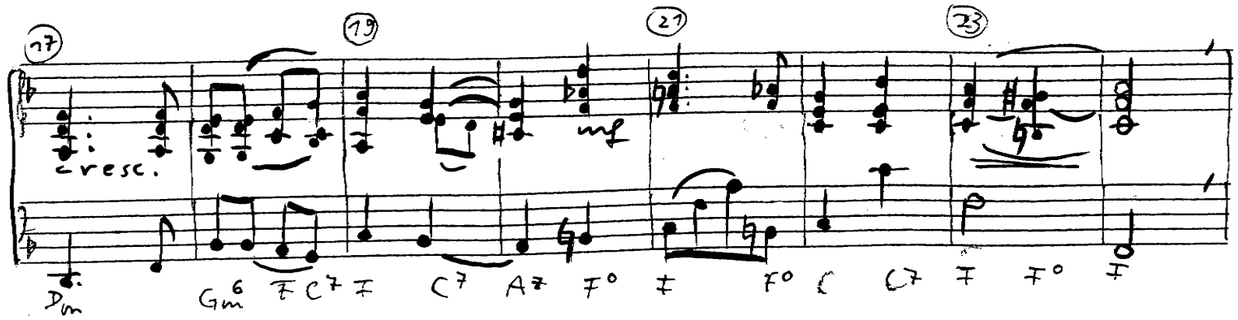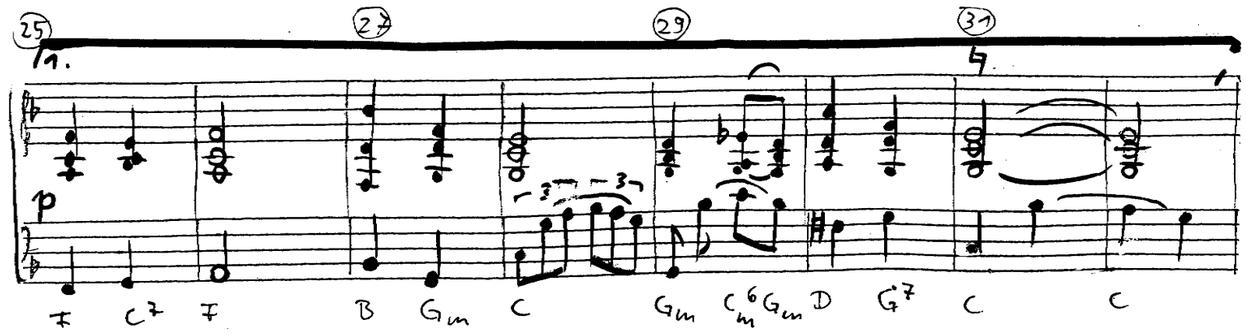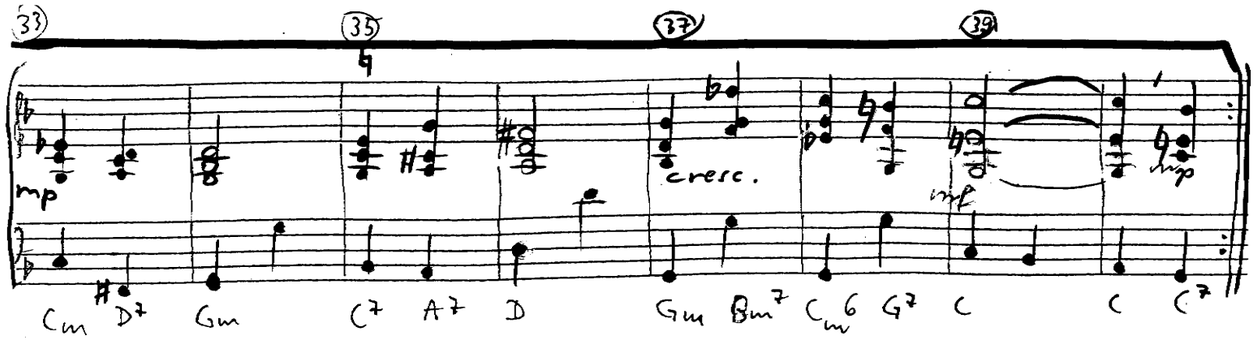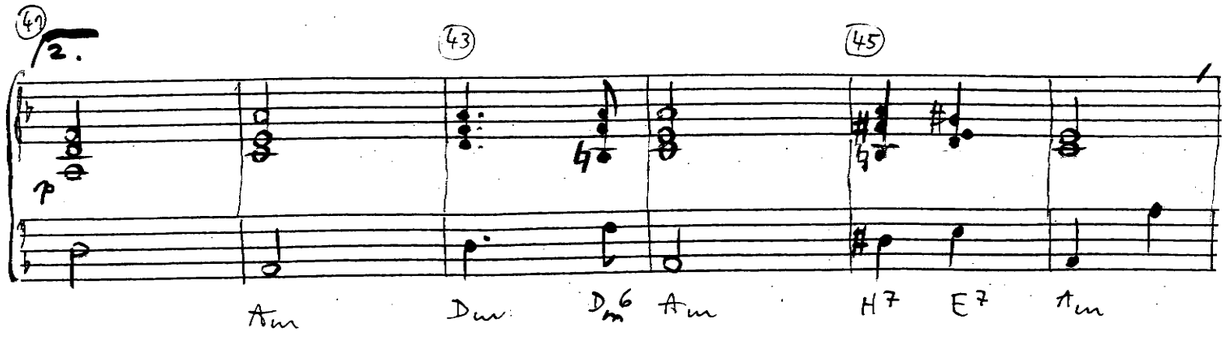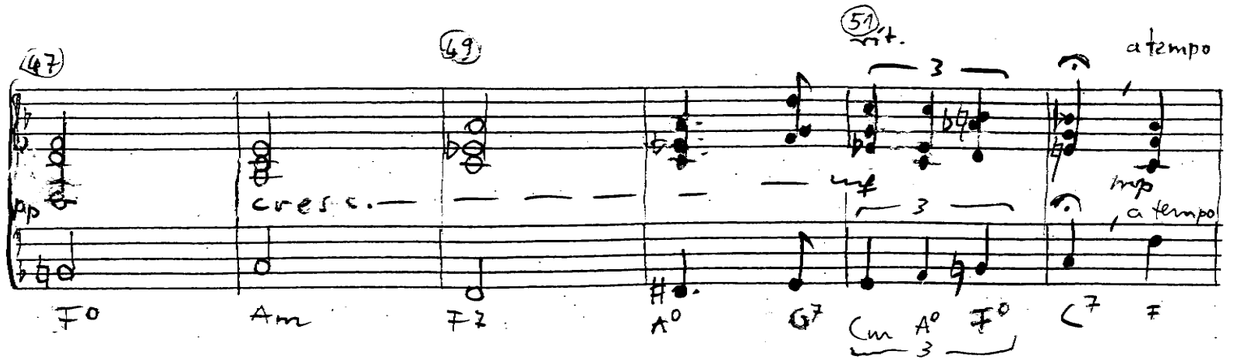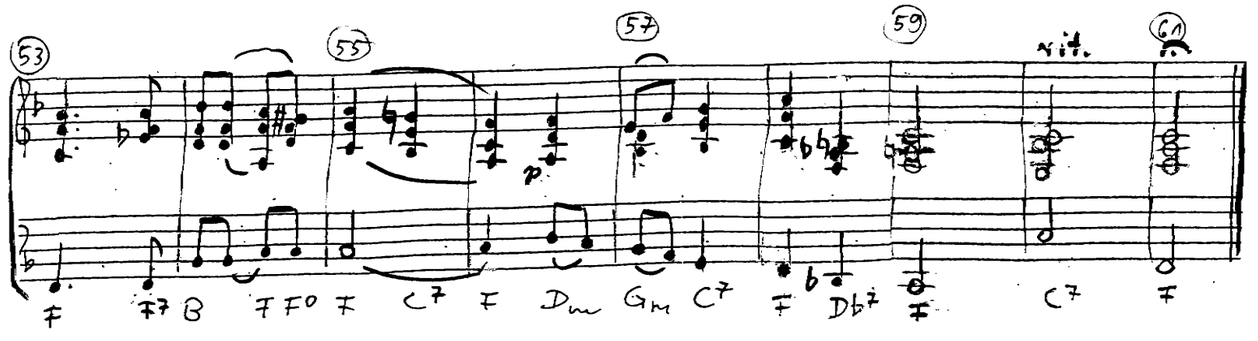• weich • langsam gehend