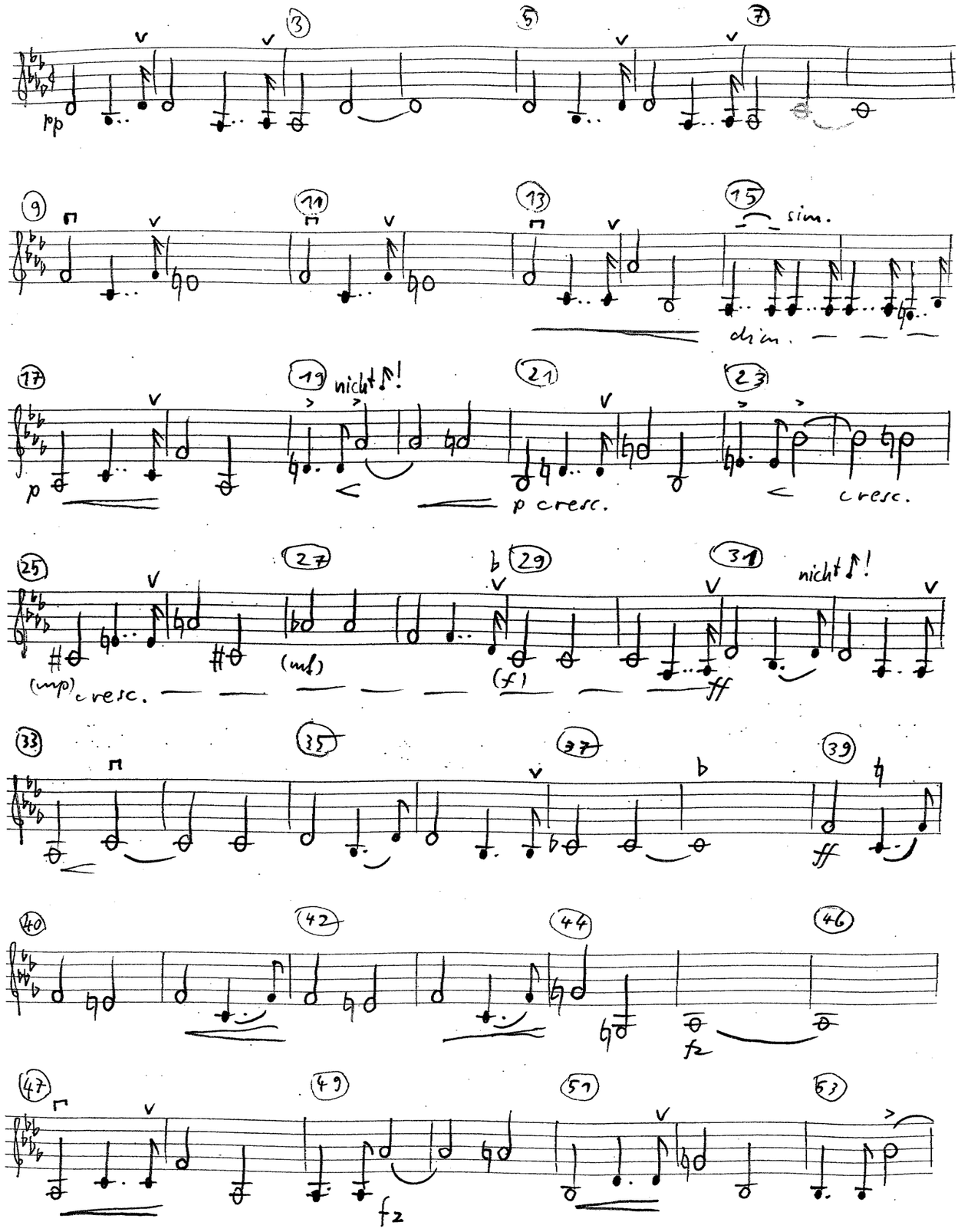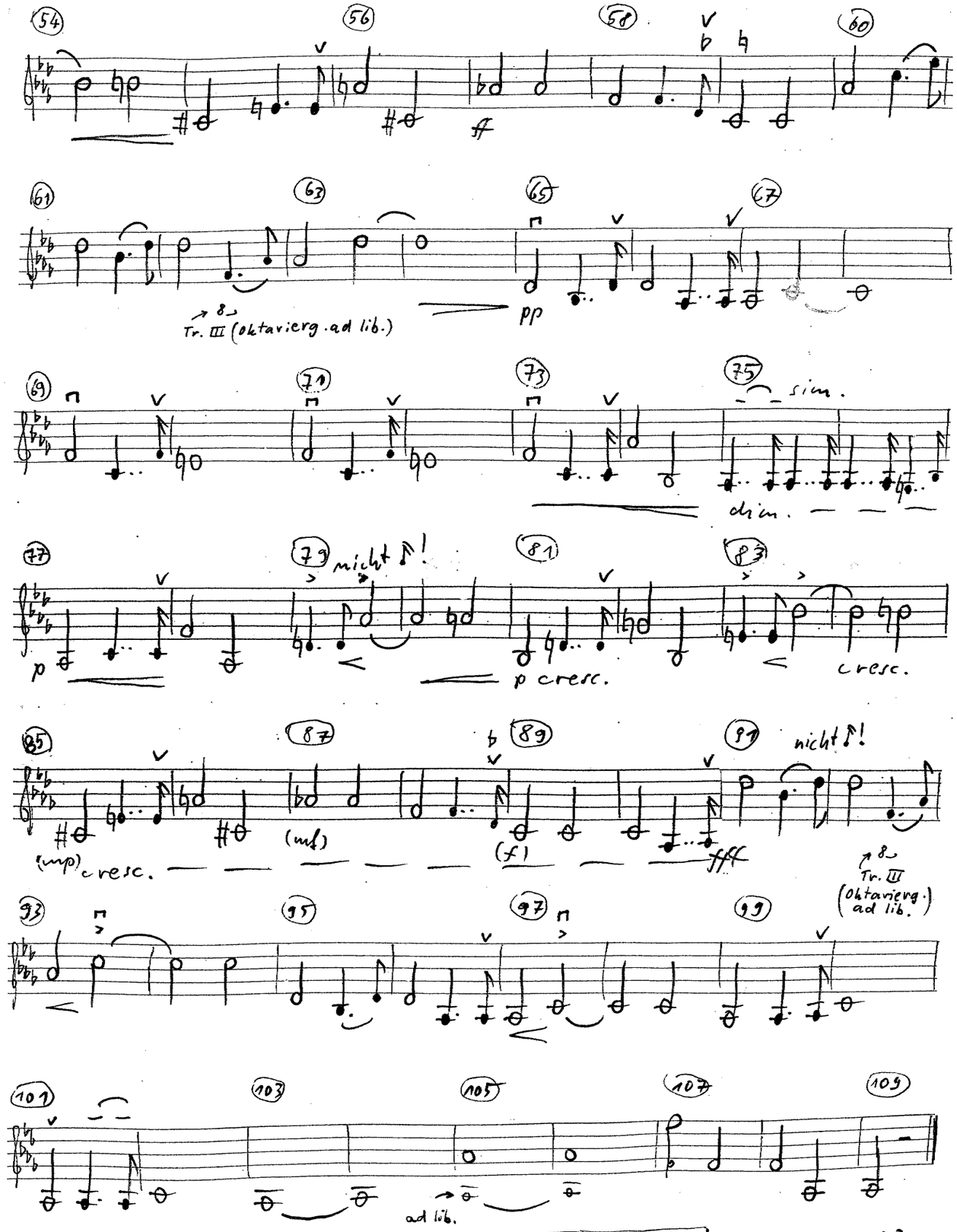● weich ● langsame ♩